# Spring Pharmacy Symposium for

### Pharmacists & Pharmacy Technicians

Thursday, May 22, 2025

8:00am - 4:30pm

Registration: 7:30am

Program starts promptly at: 7:55am

Gibbs Cancer Center and Research Institute at Pelham-Auditorium A
Pelham Medical Center
2759 S. Highway 14 Greer, South Carolina 29650

#### AGENDA/TOPICS

7:55am	Welcome, Introduction, Announcements
8:00	I. Tim Gentilcore, PharmD: History of Weight Loss Medications in the US – Early Remedies to Modern Treatments
9:00	II. Fatima Ghzala, PharmD: Beyond Communication: The Power of Connecting in Pharmacy
10:00	Break
10:15	III. Michael Harris, PharmD: Controlled Chaos: Preventing Diversion and Ensuring DEA Compliance in the Pharmacy Setting
11:15	Lunch
12:15pm	IV. Meghan May, PharmD: Being MINDful in Behavioral Health: Overview of Common Medications, Medication Reconciliation and Resources
1:15	V. Derrick Clay, PharmD: Medical Management of Obesity
2:15	Break
2:30	VI. Martine Abouchabki, PharmD: Medications & Mini Patients: Ensuring Safety in Pediatric Care
3:30	VII. Elliott Wilch, PharmD: Medication Safety in the Critical Care Setting
4:30	Wrap-up, Q&A, Adjourn

The speakers and the planning committee have declared no conflict of interest.

CE approval does not imply endorsement of any product.

#### **REGISTRATION FEES**

Fees include refreshments/lunch (for in-person attendees) and available handouts.

Technicians \$55.00
 Pharmacists \$110.00
 Pharmacists, Virtual \$110.00

#### On-line Registration: www.spartanburgregional.com/CEEvents

- Click on Events, Click on Healthcare Continuing Education
- And Search for: SRHS 2025 Conference for Pharmacists & Pharmacy Technicians
- Questions: Sherry Eison <u>sherry.eison@srhs.com</u>
   Nelda M. Hope <u>nhope@srhs.com</u>

<u>ADA</u>: SRHS is committed to complying fully with the Americans with Disabilities Act. For special needs, please send an email to <a href="mailto:nhope@srhs.com">nhope@srhs.com</a>, by May 1.

#### **CONTINUING EDUCATION CREDIT (**Accreditation Statement)





The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The target audience for these continuing education activities is pharmacists and pharmacy technicians. Please see individual activity listings below for specific information about CEU designations, learning objectives, and activity types.

To claim CE credit, participants must sign-in/register, participate in all active learning activities, respond to all learning assessment questions, and complete the online evaluations of each activity at <a href="https://cop.sc.learningexpressce.com">https://cop.sc.learningexpressce.com</a> to obtain credit. Detailed instructions on how to claim CPE credit will be provided: participants must create or update their Learning Express profile with their NABP e-Profile ID and birth month/day and complete the online program evaluations for credit to be submitted to the NABP CPE Monitor System. Completion of evaluations within 30 days of the program will ensure credit is transmitted; any credit claimed greater than 60 days after the conclusion of the program will not be accepted by the NABP CPE Monitor.

I. History of Weight Loss Medications in the US-Early Remedies to Modern Treatments

Tim Gentilcore, PharmD; Manager – Pharmacy Retail Services and Transitions, Spartanburg Regional Healthcare System

ACPE UAN 0062-9999-25-045-L01-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** will be able to:

- Describe the trends in weight loss medications over the past 100 years
- 2. Describe how weight loss medications impact patients at a metabolic level, which can have an impact on other chronic therapies
- 3. Discuss the evolution of pharmacological approaches in weight loss medications over time
- 4. Identify the changes in metabolic targets used in weight loss therapies over time

At the completion of this activity, the **pharmacy technician** will be able to:

- 1. Describe the trends in weight loss medications over the past 100 years
- 2. Describe how weight loss medications impact patients at a metabolic level, which can have an impact on other chronic therapies
- 3. Identify the changes in metabolic targets used in weight loss therapies over time

<sup>\*\*</sup>SRHS associates – please have your manager contact <u>sherry.eison@srhs.com</u> or <u>nhope@srhs.com</u>\*\*

#### II. Beyond Communication: The Power of Connecting in Pharmacy

Fatima Ghzala, PharmD, Certified Leadership Trainer and Coach, Certified Behavioral Consultant (DISC), PRN Clinical Pharmacist, Spartanburg Regional Healthcare System; CEO, Full Potential Development ACPE UAN 0062-9999-25-046-L99-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** and **pharmacy technician** will be able to:

- 1. Discuss how deepening relationships with patients and colleagues enhances pharmacy practice
- 2. Identify key principles of connection to improve patient counseling, adherence, and trust in pharmacy services
- 3. Identify strategies to strengthen team collaboration and engagement, leading to a more positive and productive work environment
- 4. Review a personal connection plan where the plan enhanced leadership, patient relationships, and career growth in pharmacy

#### III. Controlled Chaos: Preventing Diversion and Ensuring DEA Compliance in the Pharmacy Setting

Michael Harris, PharmD; Pharmacy Diversion Officer - Spartanburg Regional Healthcare System ACPE UAN 0062-9999-25-047-L03-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** and **pharmacy technician** will be able to:

- 1. Describe key federal and state regulations governing controlled substance handling and management, including DEA record keeping, prescription filling requirements, and drug diversion reporting obligations
- 2. Differentiate common methods of drug diversion in both inpatient and outpatient pharmacy settings
- 3. Identify red flags and behavioral indicators of potential drug diversion and/or misuse

## IV. Being MINDful in Behavioral Health: Overview of Common Medications, Medication Reconciliation, and Resources

Meghan Ellinger May, PharmD, BCPS, BCPP; Clinical Pharmacy Specialist - Psychiatry, Spartanburg Regional Healthcare System

ACPE UAN 0062-9999-25-048-L01-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** will be able to:

- 1. Explain common psychotropic medication classes and their indications in patient care
- 2. Describe important factors to consider for medication reconciliation in the behavioral health population
- 3. Identify behavioral health resources, both locally and nationally

At the completion of this activity, the **pharmacy technician** will be able to:

- 1. List common psychotropic medication classes and their general indications
- 2. Describe important factors to consider for medication reconciliation in the behavioral health population
- 3. Identify behavioral health resources, both locally and nationally

#### V. Medical Management of Obesity

Derrick Clay, PharmD, MBA, MHA, BCEMP; Clinical Pharmacy Specialist - Emergency Medicine, Spartanburg Medical Center

ACPE UAN 0062-9999-25-049-L01-P/T, 1.0 contact hours, application-based activity

At the completion of this activity, the **pharmacist** and **pharmacy technician** will be able to:

- 1. Outline biological, social, and environmental factors that has led to the current obesity epidemic
- 2. Compare the effectiveness of lifestyle modifications to medication therapy in the management of obesity
- 3. Review pediatric and adult obesity guidelines focusing on medication therapy

#### VI. Medications & Mini Patients: Ensuring Safety in Pediatric Care

Martine Abouchabki, PharmD; PGY1 Pharmacy Resident, Spartanburg Medical Center ACPE UAN 0062-9999-25-050-L05-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** and **pharmacy technician** will be able to:

- 1. Describe the unique challenges and considerations in pediatric medication safety
- 2. Identify common medication errors and methods to prevent them in pediatric patients
- 3. Review best practices for calculating, preparing, and dispensing pediatric doses
- 4. Recognize the role of pharmacists and pharmacy technicians in preventing medication-related adverse events

#### VII. Medication Safety in the Critical Care Setting

Elliott Wilch, PharmD; PGY1 Pharmacy Resident, Spartanburg Medical Center ACPE UAN 0062-9999-25-051-L05-P/T, 1.0 contact hours, knowledge-based activity

At the completion of this activity, the **pharmacist** and **pharmacy technician** will be able to:

- 1. Identify high-alert medications in the ICU
- 2. Outline strategies for preventing medication errors in high-stress environments
- 3. Review look-alike/sound-alike drugs utilized in the critical care setting
- 4. Discuss light-sensitive and temperature-sensitive medications from other common medications in the critical care setting

Additional information will be included in the confirmation email that you receive upon registering for the event through Eventbrite.

Directions to the facility and other program information will be e-mailed to registrants 3 days prior to the event.

3/17/2025, 3/31, 4/2, 4/8, 4/14